



925 Clifton Avenue, Suite 100  
Clifton New Jersey 07013  
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## INSTRUCTIONS FOR PROCEDURE

Your procedure is scheduled for \_\_\_\_\_ at Affiliated Endoscopy Services of Clifton  
925 Clifton Ave. Suite 100 (Ground Floor)  
Clifton, NJ 07013 Tel. 973-798-6900

- You will receive a text message or telephone call confirming your appointment and time of arrival the day before your procedure.
- **The Endoscopy Center's policy requires an adult to escort you to the center and stay at the center to drive you home.**
- You may have **NOTHING** to eat or drink after midnight the night before your procedure.
- DO NOT take Aspirin for \_\_\_\_\_ days, Plavix for \_\_\_\_\_ days or Coumadin for \_\_\_\_\_ days prior to your exam.
- On the day of your procedure, you may take any heart medication, blood pressure medication, and or seizure medication with a small sip of water in the morning. You may use inhalers for asthma or COPD if this is normal routine, and please bring your inhalers with you. Diabetic patients on insulin should check with their physician for instructions before procedure.
- Notify the Endoscopy staff if you have any pacemakers, defibrillators, artificial joints, heart valves problems, or replaced valves.
- Notify your physicians office if you take any weight loss medication. (Example: Ozempic)
- Women of childbearing age will need to provide a urine sample just prior to your procedure.
- Remove all body piercing and leave all jewelry and valuables at home. **We will not be responsible for any loss of valuables.**
- Please call your physician's office if you are unable to keep your appointment.
- The day of your procedure, you will be given a folder with post-procedure instructions from your physician.
- On the day of your procedure bring a list of the medication you take daily, insurance cards, picture ID and your registration package forms.
- Please read all instructions carefully, please feel free to contact us at 973-798-6900 or your physician's office for any questions.
- Anticipated length of stay 1-2 1/2 hours.
- No use of recreational drugs for at least 12 hours prior to your procedure
- **Patient Financial Responsibility:**  
To better assist you please contact your insurance policy regarding any out-of-pocket expenses such as copays, deductibles and co-insurances. You should know that the providers professional costs, anesthesia and pathology are not included in the facility charges.

**I have read and acknowledged all instructions for my procedure.**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date